MAS Master of Advanced Studies
In Sleep, Consciousness and Related Disorders
Academy of Sleep and Consciousness (ASC)

2020-2023
Postgraduate Program

The Academy of Sleep and Consciousness ASC in collaboration with the University of Bern and the Università della Svizzera italiana offers unique postgraduate programs, which provide advanced medical and scientific insights into sleep medicine. The following programs are available:

• Certificate of Advanced Studies (CAS) in Sleep, Consciousness and Related Disorders (10 ECTS)
• Diploma of Advanced Studies (DAS) in Sleep, Consciousness and Related Disorders (CAS + 20 ECTS = 30 ECTS)
• Master of Advanced Studies (MAS) in Sleep, Consciousness and Related Disorders (CAS + DAS + 30 ECTS = 60 ECTS)

An international team of specialist lecturers ensure that all contents are based on the latest scientific knowledge. The courses offer a variety of efficient learning methods, such as classroom lectures, seminars and remote online learning.

Scientific Lead

Our programs are sustained by an international faculty of scientific experts in the fields of sleep medicine/research, consciousness and related disorders.

• Prof. Dr. Antoine Adamantidis
• Dr. med. Panagiotis Bargiotas
• Prof. Dr. med. Claudio Bassetti
• Dr. med. Anna Castelnovo
• Dr. med. Corrado Garbazza
• Prof. Dr. med. Mauro Manconi
• Prof. Dr. med. Kaspar Schindler
• Dr. med. Frédéric Zubler

Who can apply

Eligible for the CAS, DAS, MAS in Sleep, Consciousness and Related Disorders are professionals who are already working in a corresponding area of medicine or graduates intending to specialize in these fields.

For further details please visit: www.asc.unibe.ch

Program overview

CAS in Sleep, Consciousness and Related Disorders

The CAS provides basic tools, skills and competences to understand sleep physiology, diagnosis and treatments of sleep and consciousness disorders. The program covers a wide range of topics such as the regulation and function of sleep, sleep research methods as well as first looks at clinical topics like insomnia, hypersomnia, parasomnia and other disorders.

DAS in Sleep, Consciousness and Related Disorders

The DAS allows the students to deepen their knowledge of the primary sleep disorders introduced in the CAS while also offering a holistic look into further topics such as sleep in health & disease and apparative tools. The DAS also provides in-depth theoretical and practical insights into sleep scoring in a self-study mode.

MAS in Sleep, Consciousness and Related Disorders

Building up on the CAS and the DAS programs, the modules of the MAS offer more specific learning contents based on the student’s personal preferences. In addition each participant will be able to gain international working experience by completing a four weeks (or longer) internship in one of our partner labs all around the world.
# MAS Master of Advanced Studies in Sleep, Consciousness and Related Disorders

Academy of Sleep and Consciousness (ASC)

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<th>Dates</th>
<th>Application Deadline</th>
<th>Credits</th>
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<tr>
<td>CAS, DAS, MAS</td>
<td>31 August 2020</td>
<td>CAS 10 ECTS</td>
<td><a href="http://www.asc.unibe.ch">www.asc.unibe.ch</a></td>
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<td>start:</td>
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<td>DAS 30 ECTS</td>
<td><a href="mailto:info@asc.unibe.ch">info@asc.unibe.ch</a></td>
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<td>September 2020</td>
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<td>MAS 60 ECTS</td>
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**In further collaboration with**

- Università Vita-Salute San Raffaele, Italy
- Université Grenoble Alpes, France
- University of Ljubljana, Slovenia
- Almazov National Medical Research Center, Russia
- University Freiburg, Germany
- Carol Davila University of Medicine and Pharmacy, Romania
- Iuliu Hațieganu University, Cluj-Napoca, Romania
- FUCS University, Colombia